




Junior Track & Field Calendar

MARCH

| S | M | T | W | T | F | S |
|----|--|-------------------------------|----|--|-----------------------------|----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 Parent Orientation Meeting- Dobrow Complex 7:00PM | 16 | 17 |
| 18 | 19 HOME MEET / FUNDRAISER - DINNER COMMITTEE MEETING | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 Practice 6P-730P | 28 | 29 Practice 6P-730P | 30 First Day of Passover | 31 |

APRIL






| S | M | T | W | T | F | S |
|---|---|--|---|---|--|----|
| 1 Easter Sunday | 2 Practice 6P-730P (Not Mandatory and only if coaches will be available) | 3 Spring Break  | 4 Practice 6P-730P (Not Mandatory and only if coaches will be available) | 5 Spring Break  | 6 Spring Break  | 7 |
| 8 | 9 | 10 | 11 Practice 6P-730P | 12 Practice 6P-730P | 13 Practice 6P-730P | 14 |
| 15 Meet- Saddle Brook High School | 16 | 17 Practice 6P-730P | 18 Practice 6P-730P | 19 | 20 | 21 |
| 22 Meet- Rutherford Memorial Park | 23 Practice 6P-730P | 24 | 25 | 26 Practice 6P-730P | 27 | 28 |
| 29 Meet -Hackensack High School | 30 Practice 6P-730P | | | | | |

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| | Practices | Fair Lawn All Sports - http://www.flallsports.org/ |
| | Practices During Spring Break | NJ Striders Track Club - http://njstriders.com/ |
| | Developmental Meets | USATF NJ - http://www.usatfnj.org/ |
| | Special Events | |

Junior Track & Field Calendar

| MAY | | | | | | |
|---|--|---|---------------------------|--|--|--|
| S | M | T | W | T | F | S |
| | | 1 Practice 5PM-645PM Lap-A-Thon Fundraiser START AT 645PM-8PM) | 2 | 3 | 4 Last Day to Sign Up or Renew USATF Membership | 5 Snack Stand Prep @ 6PM (After high school LAX Game) |
| 6 MEET-Fair Lawn HS (MANDATORY) | 7 | 8 | 9 Practice 630P-8P | 10 | 11 | 12 |
| 13 HAPPY MOTHERS DAY NO MEET  | 14 USATF KIDS ONLY | 15 Practice 6P-8P | 16 USATF KIDS ONLY | 17 Practice 6P-8P | 18 | 19 |
| 20 NJ STRIDERS QUALIFIER - USATF Athletes Only Rutherford Memorial Field | 21 | 22 Practice 6P-8P | 23 USATF KIDS ONLY | 24 Practice 6P-8P LAST DAY TO GIVE DINNER PAYMENT | 25 | 26 |
| 27 | 28  Memorial Day Parade -ALL KIDS INVITED TO MARCH WITH TEAM | 29 Practice 6P-8P | 30 Practice 6P-8P | 31 | | |

| JUNE | | | | | | |
|---|----|--------------------------|----|---|--|---|
| S | M | T | W | T | F | S |
| | | | | | 1 | 2 |
| 3 NJ STRIDERS Invitational- Last Meet Of The Season Englewood-Winton White Stadium | 4 | 5 USATF KIDS ONLY | 6 | 7 USATF KIDS ONLY | 8 Track & Field Dinner (ONCE CONFIRMED) | 9 USATF JO State Championships Site TBD |
| 10 USATF JO State Championships Site TBD | 11 | 12 | 13 | 14 | 15 | 16 USATF JO State Championships 15-18 Year Olds ONLY |
| 17 USATF JO State Championships 15-18 Year Olds ONLY | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 USATF Hershey Youth Brockport, NY | 29 USATF Hershey Youth Brockport, NY | 30 USATF Hershey Youth Brockport, NY |

| | |
|--|---|
|  | USATF KIDS ONLY PRACTICE |
|  | Developmental Meets |
|  | Home Meet |
|  | USATF Members Meets (Dates subject to change) |
|  | Special Events |

NJ Striders Track Club - <http://njstriders.com/>
 USATF NJ - <http://www.usatfnj.org/>

Junior Track & Field Calendar

JULY

| S | M | T | W | T | F | S |
|---|--|--|--|--|--|---|
| 1 USATF Hershey Youth Brockport, NY | 2 | 3 | 4 | 5 | 6 | 7 |
| 9 | 10 | 11 | 12 USATF REGIONALS College of NJ | 13 USATF REGIONALS College of NJ | 14 USATF REGIONALS College of NJ | 15 USATF REGIONALS College of NJ |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 USATF JO NATIONALS GREENSBORO, NC | 24 USATF JO NATIONALS GREENSBORO, NC | 25 USATF JO NATIONALS GREENSBORO, NC | 26 USATF JO NATIONALS GREENSBORO, NC | 27 USATF JO NATIONALS GREENSBORO, NC | 28 USATF JO NATIONALS GREENSBORO, NC | 29 USATF JO NATIONALS GREENSBORO, NC |
| 30 USATF JO NATIONALS GREENSBORO, NC | | | | | | |

USATF QUALIFING Members ONLY Meets

